

# G-E-T High School Curriculum Align, Explore, Empower Scope and Sequence RedHawk LEAD

## Unit 1 - Switching Your Thumbs

- This unit is about understanding the importance of building connections with peers. Servant leadership is first and foremost about relationships. We need to see the importance of 'switching our thumbs' when it comes to how we lead people. Build relationships and serve. It's a foreign idea for most people!

In this unit, students will ...

- Identify each student in their class by name.
- Discover commonalities they have with their peers and understand differences they share as well.
- Demonstrate a proper handshake and know when to use it and why it is important.

#### Standards

Standard SS.Inq1: Wisconsin students will construct meaningful questions that initiate an inquiry.

Standard SS.Ing2: Wisconsin students will gather and evaluate sources.

Standard SS.Ing3: Wisconsin students will develop claims using evidence to support reasoning.

Standard SS.Ing4: Wisconsin students will communicate and critique conclusions.

Standard SS.Inq5: Wisconsin students will be civically engaged.

Standard SS.BH1: Wisconsin students will examine individual cognition, perception, behavior, and identity (Psychology).

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# Unit 2 - Personality Vs Character

- This unit is about considering different personality types and determining the benefits and struggles that come with each type. Personality is a gift that is given to you at a very early age. Your character is built by the thousands of choices you make on a daily basis.

In this unit. students will ...

- Explain the difference between one's personality and one's character and provide real life examples.
- Understand the importance of knowing the personality types of those you work with.
- Identify their own personality type and dissect the giftings and struggles their personality type may afford them.

- Discover how different personalities interact.
- Strategize ways to utilize their personality gifts and resolve problems that may come with their natural weaknesses.
- Compile a list of their selfish behaviors, reflect on why they want to improve them, and strategize how to improve those behaviors.
- Evaluate on a scale of 1-5 how well they demonstrate each one of the Eight Essential character traits.
- Discover practical ways to improve character traits, execute different actions to help improve the character skills, and reflect upon their experience.
- Reflect daily on their own character and identify ways to improve it.

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# Unit 3- Leadership & Active Listening

- Because leadership is about relationships and serving those relationships, we would do well to have an understanding on how to listen to the people we are serving. This unit teaches the student about active listening skills.

In this unit, students will ...

- Understand that leadership is not a position or title, but is all about relationships.
- Explain that leadership defined is influence and can be positive or negative.
- Compare and contrast traditional, top-down leadership to servant-leadership and discover how top-down leadership can ruin relationships while servant-leadership fosters them.
- Analyze benefits that can come with a position of leadership and contrast that with the great responsibility and risks that also come with leadership.
- Demonstrate the six skills of the SOFTEN Listening Model including smile or serious, open posture, forward lean, time and touch, eye contact, and nod.
- Understand the four parts of Active Listening and be able to demonstrate the skill of providing silence, paraphrasing what was said, asking clarifying questions, and utilize the "click on" strategy to reduce distractions and stay focused on what is being said.
- Identify areas of listening they need to improve upon and strategize how to do that.

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# Unit 4- Leadership & the Law of Influence

- Leadership defined is "influence." Influence can be intentionally built with others. Serving and sacrificing for other people can greatly increase the amount of influence you have on someone. This unit covers the definitions of influence and how students can start to become influential in their daily lives.

In this unit. students will ...

- Memorize the "Leaders Law of Influence."
- Create cause and effect scenarios using the "Leaders Law of Influence."
- Create one way to implement the "Leaders Law of Influence" in their school.
- Analyze how the most influential individuals in their lives earned that position of influence and how servant-leadership applies.
- Examine how the world's most influential leaders gained that position of leadership.
- Understand that service and sacrifice is not a transaction (automatic), but rather, something that happens over time with persistence, consistency, and commitment.

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# Unit 5- The Law of the Harvest

- "You reap what sow." This very short unit goes through the idea that serving and sacrificing for others is not something that has to be reciprocated, but with continual cultivation of relationships, the more likely people will want to serve and sacrifice for you in the future. How bountiful will your harvest be?

In this unit, students will ...

• Understand that service and sacrifice is not a transaction (automatic), but rather, something that happens over time with persistence, consistency, and commitment.

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# Unit 6- Love

- There are different types of love in the world. Most of the time we get stuck on being 'in love' and forget that the most important type of love is love 'as a choice'. This unit is about recognizing the types of love you have in your life and how to approach servant leadership from a "choose love" mentality.

In this unit. students will ...

- Know at least four different types of love.
- Explain how you can love someone and not like them.
- Analyze the benefits of choice based love vs feelings based love and how it applies to their life.

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# Unit 7- The Eight Essentials

- Love as a Choice is rooted in the Eight Essentials. They are Patience, Kindness, Humility, Respect, Selflessness, Forgiveness, Honesty, and Commitment. You can choose to be these everyday.... Or not. This unit goes into definitions and applications of the Eight Essentials, encouraging students to start practicing them on a daily basis.

## In this unit, students will ...

Memorize the definition of patience and rate how patient they are with people in their school, homes, and community.

#### Patience

- Reflect upon ways they could become more patient and areas they are successful at demonstrating patience.
- Apply the definition of patience to real-life scenarios, media clips, and readings.
- Connect the importance of patience to their school, home, and other areas of their life.
- Analyze the importance of patience in their daily lives and relationships.
- Identify the role their natural habits play when it comes to patience and how it positively or negatively impacts others.

### Kindness

- Memorize the definition of kindness and rate how kind they are with people in their school, homes, and community.
- Reflect upon ways they could become more kind and areas they are successful at demonstrating kindness. Apply the definition of kindness to real-life scenarios, media clips, and readings.
- Demonstrate three out of the four parts of kindness while participating in an activity set up to make kindness come alive.
- Identify kindness in action and provide evidence to its importance in their lives.

## Humility

- Memorize the definition of humility and self-evaluate their own level of humility.
- Reflect upon ways they could become more humble and areas they are successful at demonstrating humility.
- Apply the definition of humility to real-life scenarios, media clips, and readings.
- Identify humility in action and provide evidence to its importance in their lives.

#### Respect

- Memorize the definition of respect and self-evaluate how respectful they are in all areas of life and identify ways they can improve it.
- Apply the definition of respect to real-life scenarios, media clips, and readings.
- Practice respect in their actions and articulate how it connects to their everyday life.
- Connect the importance of respect to their school, home, and other areas of their life.

## Selflessness

- Memorize the definition of selflessness and self-evaluate how selfless they are.
- Reflect upon ways they could become more selfless and areas they are successful at demonstrating this character trait.
- Apply the definition of selflessness to real-life scenarios, media clips, and readings.
- Connect the importance of selflessness to their school, home, and other areas of their life.
- Demonstrate selflessness in action and articulate how it connects to their everyday life.

# **Forgiveness**

- Identify what forgiveness is and what it is not and self-evaluate how forgiving they are in their relationships.
- Reflect upon ways they could become more forgiving and areas they are successful at demonstrating this character trait.
- Apply the definition of forgiveness to real-life scenarios, media clips, and readings.
- Students will identify the parts of forgiveness in action and provide evidence to its importance in their lives.
- Identify two positive benefits to asking for and giving forgiveness.
- Articulate forgiveness through assertiveness and empathy statements.

### **Honesty**

- Memorize the definition of honesty and self-evaluate how honest they are in their personal and working relationships.
- Reflect upon ways they could become more honest and areas they are successful at demonstrating this character trait.
- Apply the definition of honesty to real-life scenarios, media clips, and readings.
- Students will identify the parts of honesty in action and provide evidence to its importance in their lives. Commitment
- Memorize the definition of commitment and self-evaluate how committed they are in their relationships.
- Reflect upon ways they could become more committed and areas they are successful at demonstrating this character trait.
- Apply the definition of commitment to real-life scenarios, media clips, and readings.
- Students will identify the parts of commitment in action and provide evidence to its importance in their lives.

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